



Health Accord

for Newfoundland & Labrador

➤ A 10-year health transformation

Canada
Indigenous
Population

I hope I live a happy, long life.

74.8 years

NL
Total
Population

I hope I live a happy, long life.

79.5 years

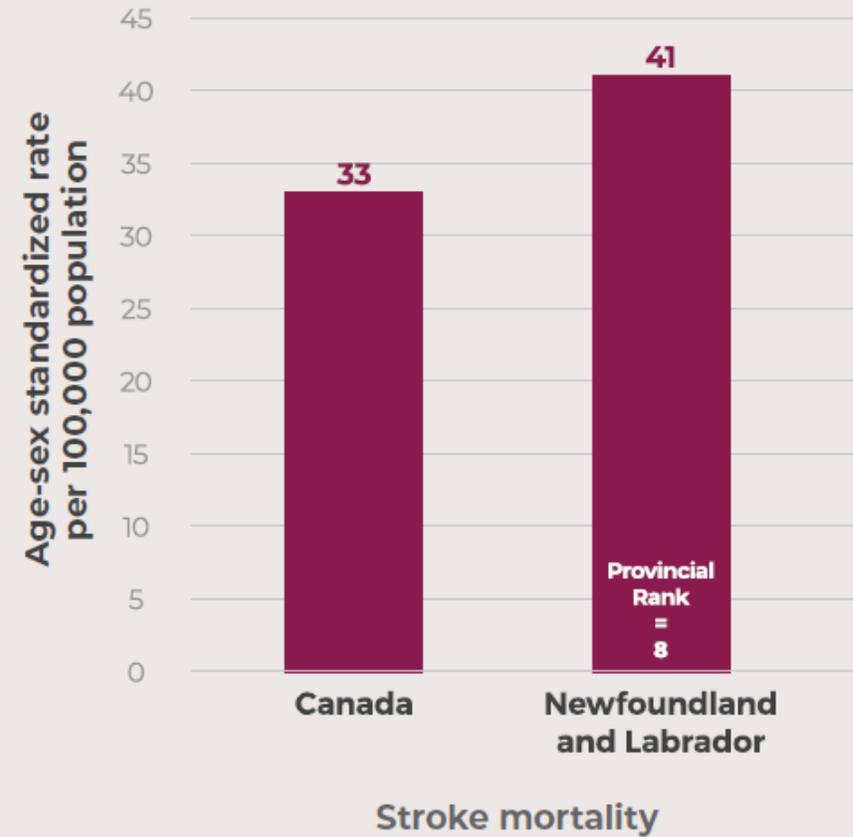
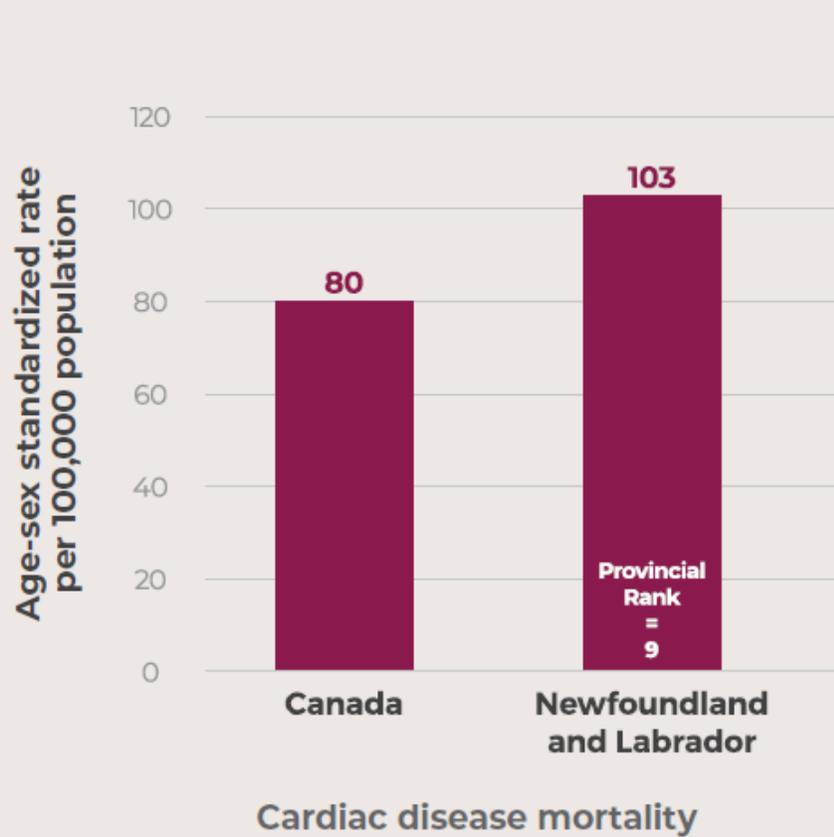
Canada
Total
Population

I hope I live a happy, long life.

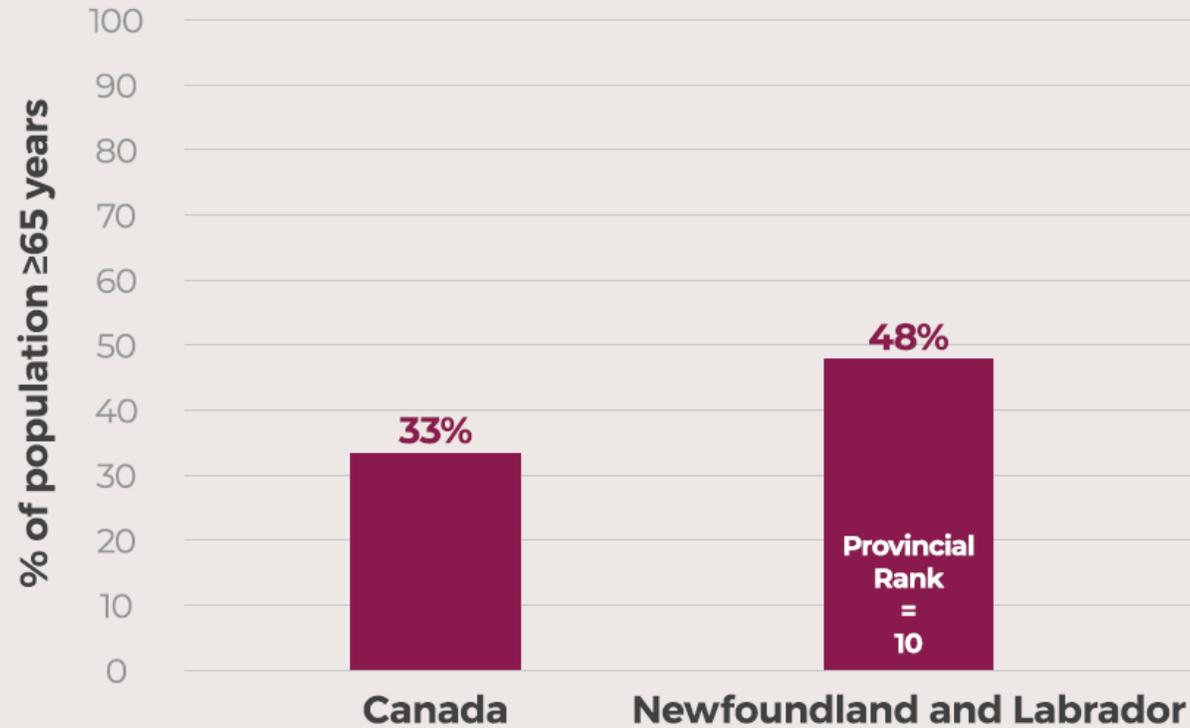
82.1 years

The life expectancy of Newfoundlanders and Labradorians is 2.6 years less than the life expectancy of Canadians (Statistics Canada, 2016). The lives of Canadian Indigenous people are substantially shorter, 72.5 years for males and 77 years for females (Statistics Canada, 2011).

Compared to Canada, people in NL are **more likely to die** from heart disease and stroke



In Canada, more seniors in NL are living with chronic disease

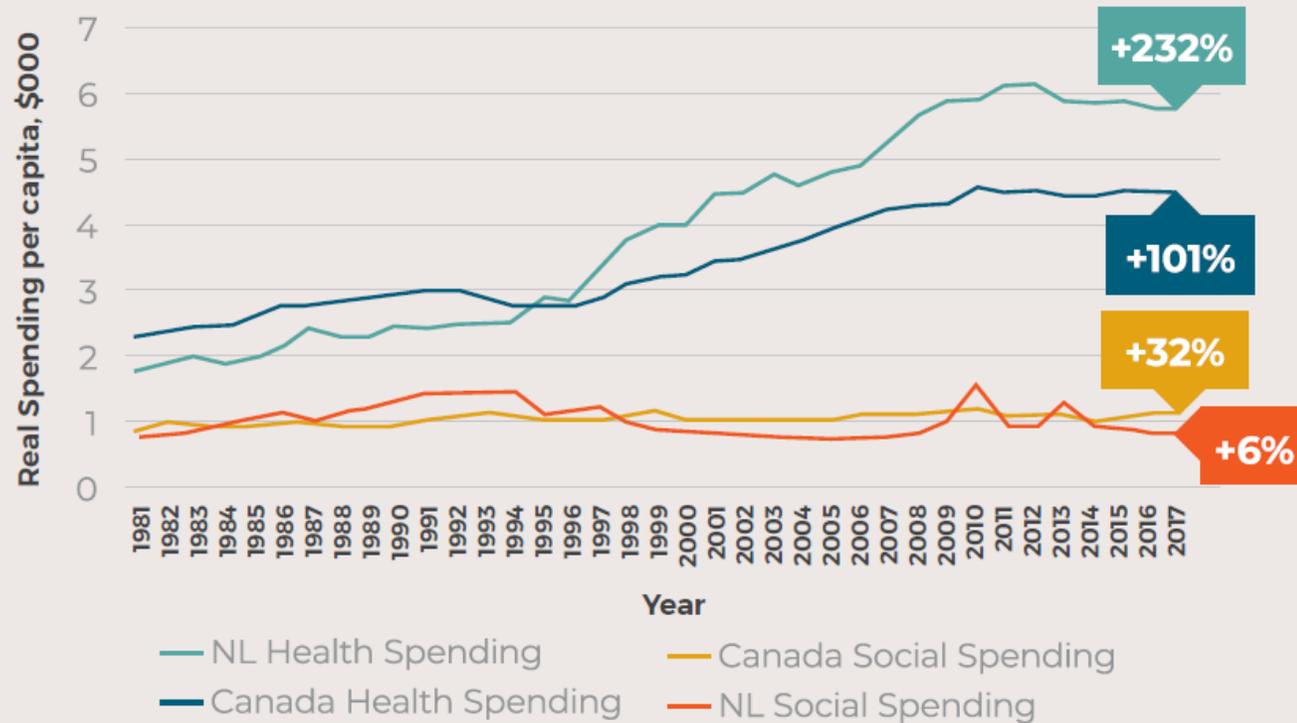


Seniors with 3 or more chronic conditions*

Chronic Diseases/Conditions – are diseases that are long lasting and generally progress slowly, which can be treated but not cured. These can include hypertension or high blood pressure; heart disease including heart attack; diabetes; asthma or chronic lung disease such as chronic bronchitis, emphysema, or chronic obstructive pulmonary disease (COPD); depression, anxiety, or other mental health problems; cancer; joint pain or arthritis; and stroke.

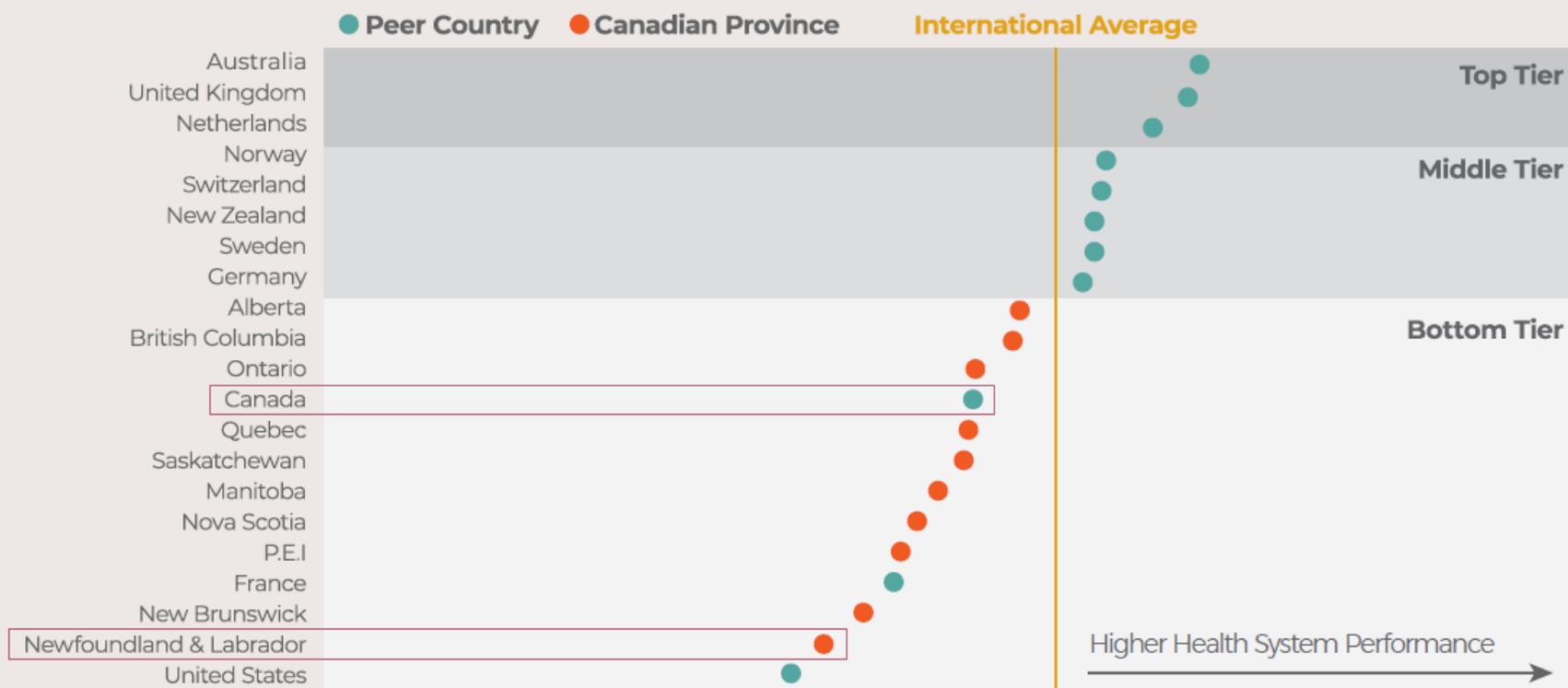
Since 1981:

- the amount of money that NL has put into **social spending** has **not really changed**
- the amount of money that NL has put into **health care spending** has gone up **232%** (NL health spending for 2019-20 is \$3.128 billion)



Social spending is provided by governments for programs that aim to help individuals, families, groups and communities improve their individual and group well-being, and to promote fairness and opportunity in communities. Social programs include social or income assistance and community supports for specific populations. Education and health services are not included in social spending.

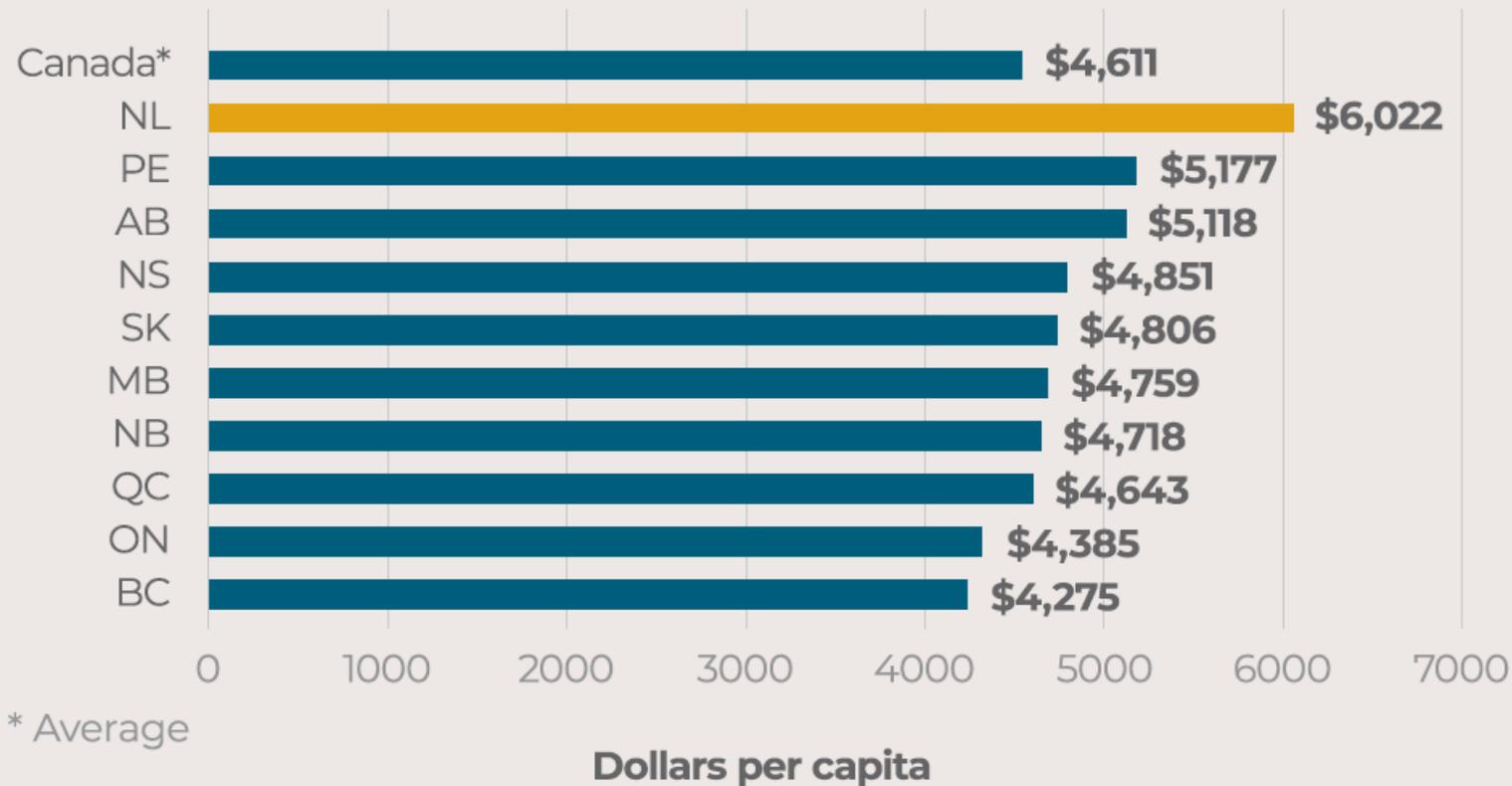
- NL has the worst health system performance in Canada
- NL's health system performance is more like the United States rather than countries like Australia, United Kingdom and the Netherlands



Source: C. D. Howe Institute/Commonwealth Fund

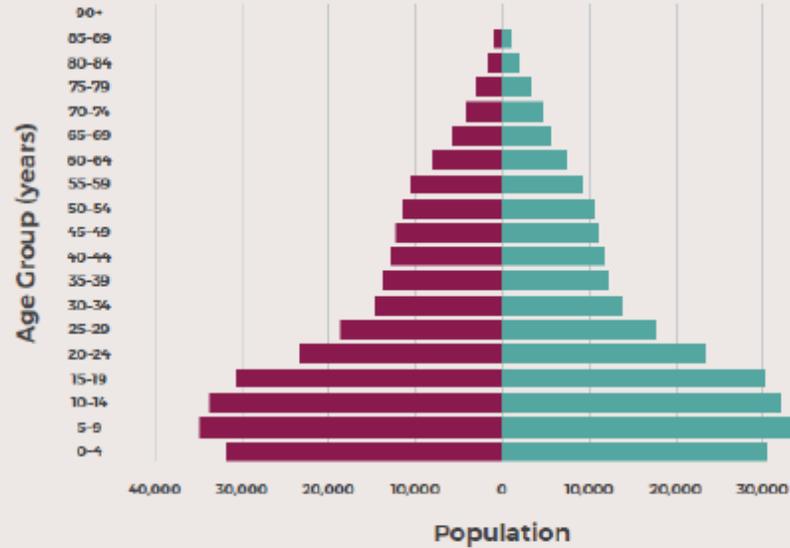
Health System Performance – refers to how well a health system achieves its goals. This encompasses care processes including preventive care, safe care, coordinated care, and engagement and patient preferences; access including affordability and timeliness; administrative efficiency; equity; and health care outcomes.

- NL **spends more** per person on health care than any other province in Canada
- Newfoundlanders and Labradorians are the **unhealthiest people in Canada**
- The **money we are spending is not working** for us as well as it should



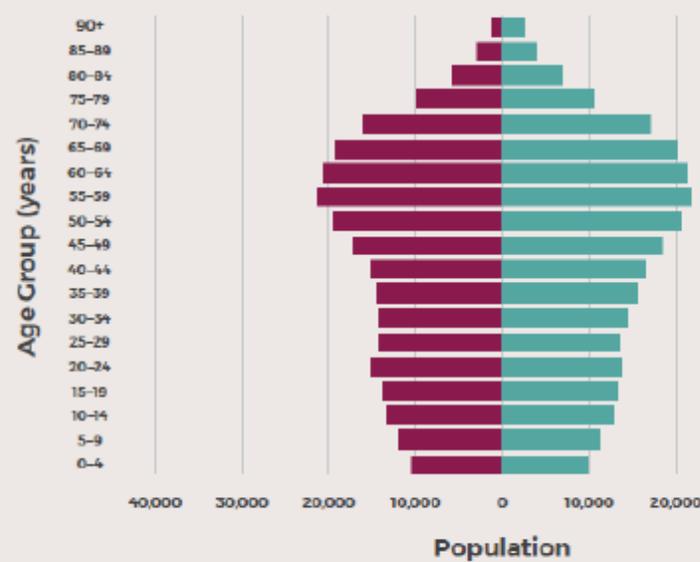
Source: CIHI

NL Population 1971



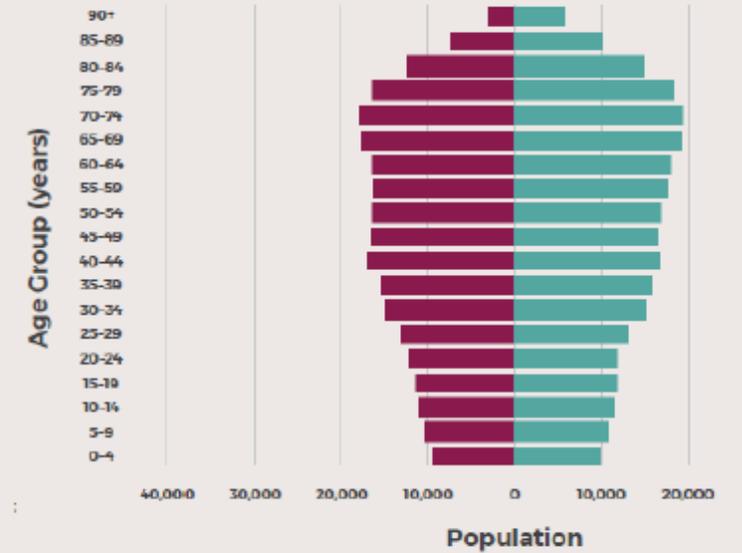
Female
Male

NL Population 2020



Female
Male

NL Population 2040



Female
Male



Community care includes primary care, elder care, social care, public health.

FACTS

- 1** Worst life expectancy, highest death rates for cancer, cardiac disease and stroke, and highest rate of chronic disease in Canada
- 2** Since 1981, only 6% increase in social spending but 232% increase in health spending
- 3** Worst health system performance across all Canadian provinces
- 4** Highest per capita spending on health care in Canada.
NL provides the worst value for spending in health care
- 5** Population shift to a low percentage of children, a high percentage of seniors, with a drop in rural populations
- 6** 50-year-old institution-based system with an imbalance between community-based services and hospital services

➤ A 10-year health transformation

STRATEGIES





Objective

Use evidence, strategies and public engagement to create a 10-Year Health Accord that will improve health in Newfoundland and Labrador, and do so within the fiscal envelope of the province.

Timelines



Phase 1: Creating the Plan



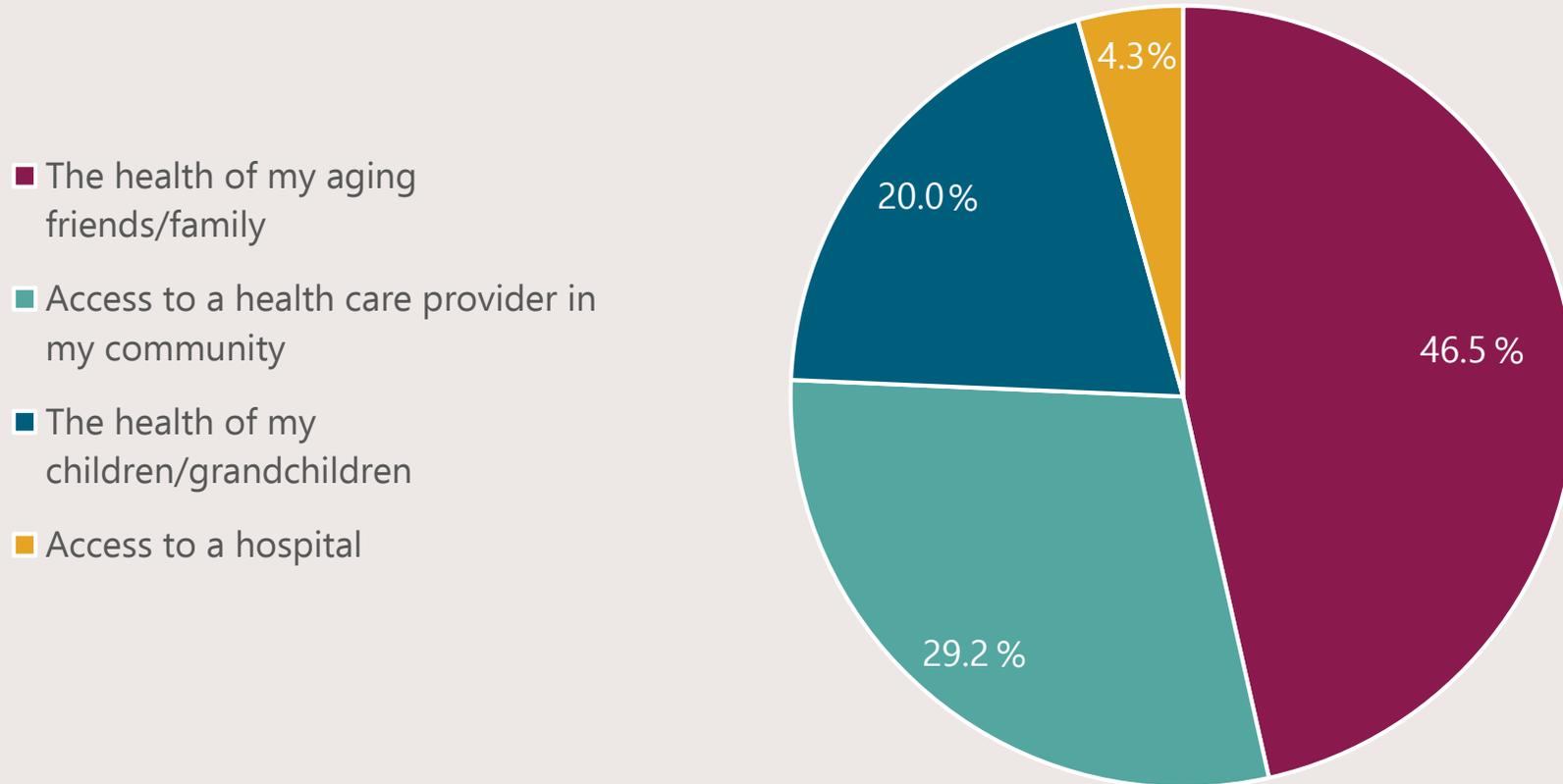
Engagement Approach



As of April 9, 2021

Engagement Series #1: Town Hall-Poll Question

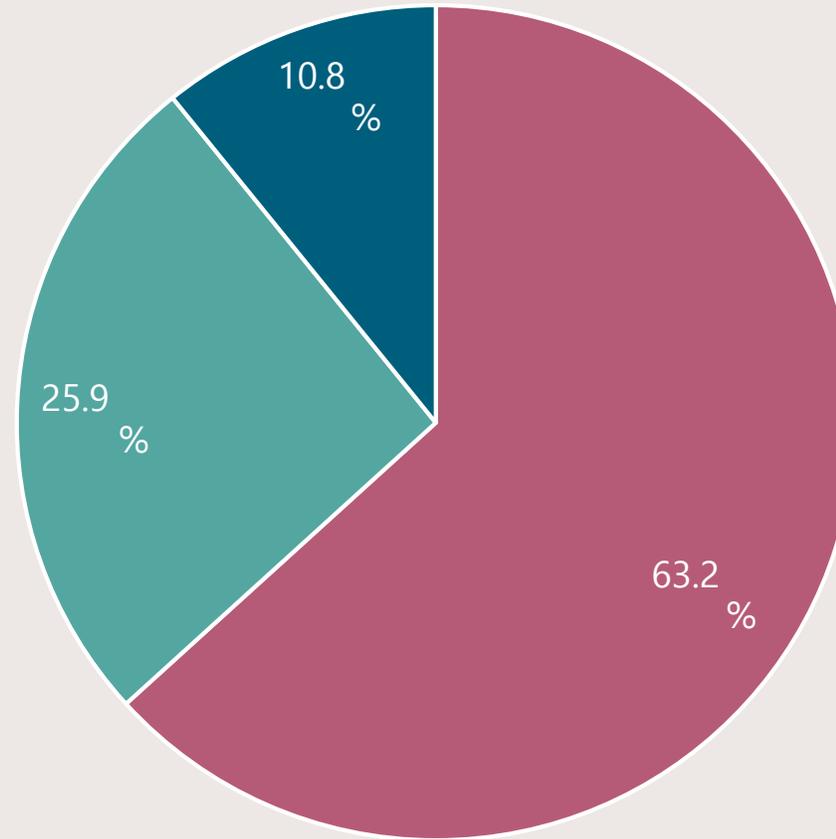
Which of the following is your top concern around health? (N=185)



Engagement Series #1: Town Hall-Poll Question

What is the biggest factor that affects health? (N=185)

- Income, social supports, level of education
- Diet, exercise & smoking
- Access to health services





WHAT MAKES CANADIANS SICK?

50%

YOUR LIFE

- INCOME
- EARLY CHILDHOOD DEVELOPMENT
- DISABILITY
- EDUCATION
- SOCIAL EXCLUSION
- SOCIAL SAFETY NET
- GENDER
- EMPLOYMENT/WORKING CONDITIONS
- RACE
- ABORIGINAL STATUS
- SAFE AND NUTRITIOUS FOOD
- HOUSING/HOMELESSNESS
- COMMUNITY BELONGING

25%

YOUR HEALTH CARE

- ACCESS TO HEALTH CARE
- HEALTH CARE SYSTEM
- WAIT TIMES

15%

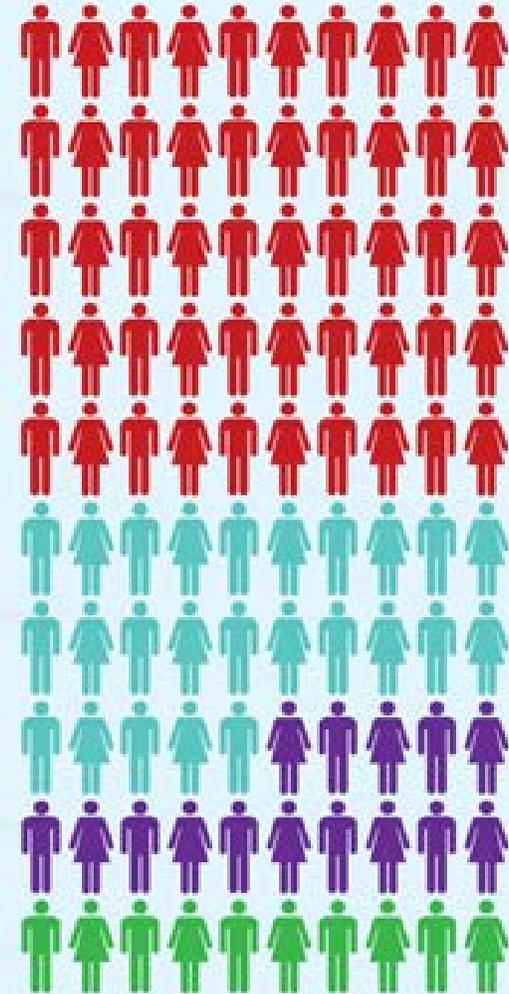
YOUR BIOLOGY

- BIOLOGY
- GENETICS

10%

YOUR ENVIRONMENT

- AIR QUALITY
- CIVIC INFRASTRUCTURE

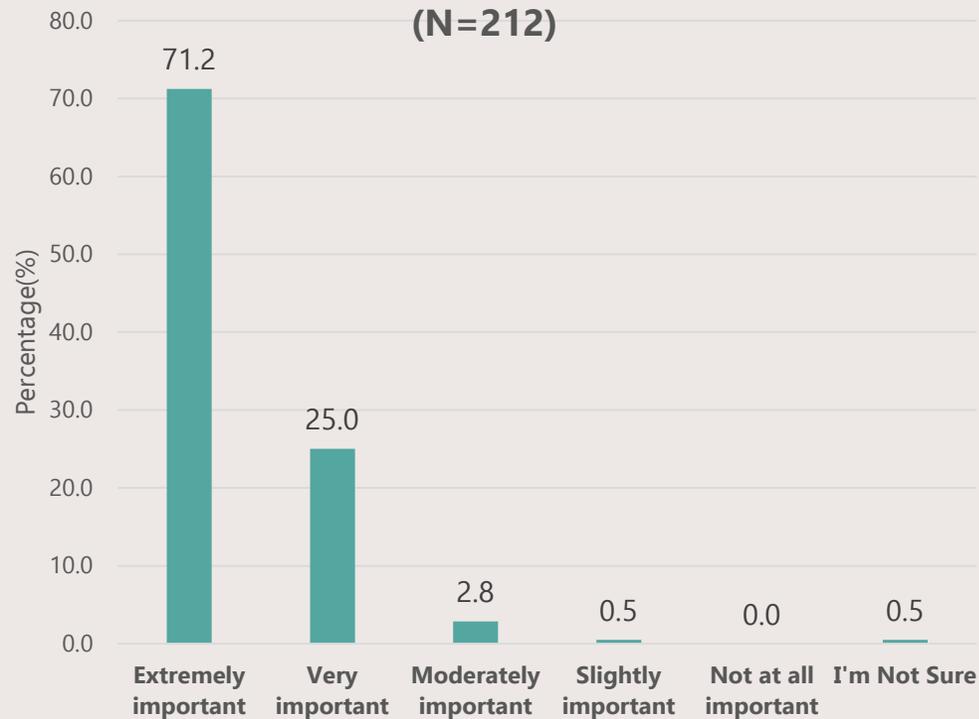


THESE ARE CANADA'S SOCIAL DETERMINANTS OF HEALTH #SDOH

Engagement Series #1: Town Hall-Survey Questions

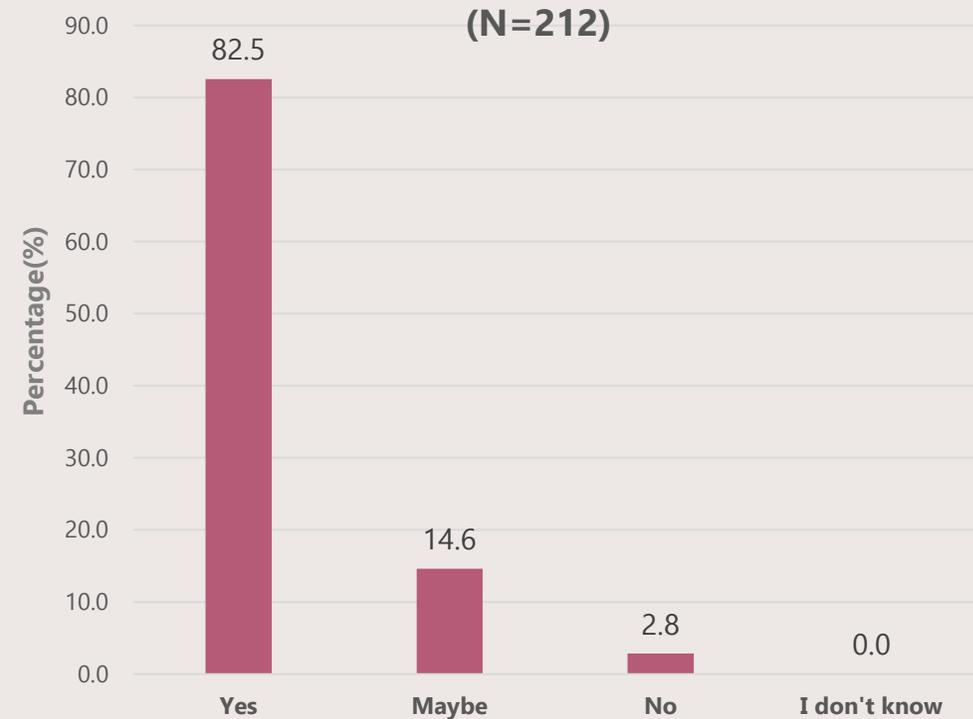
Is it important to provide solutions to social factors that affect our health like level of education, employment, our social circumstances, culture, race, etc.?

(N=212)

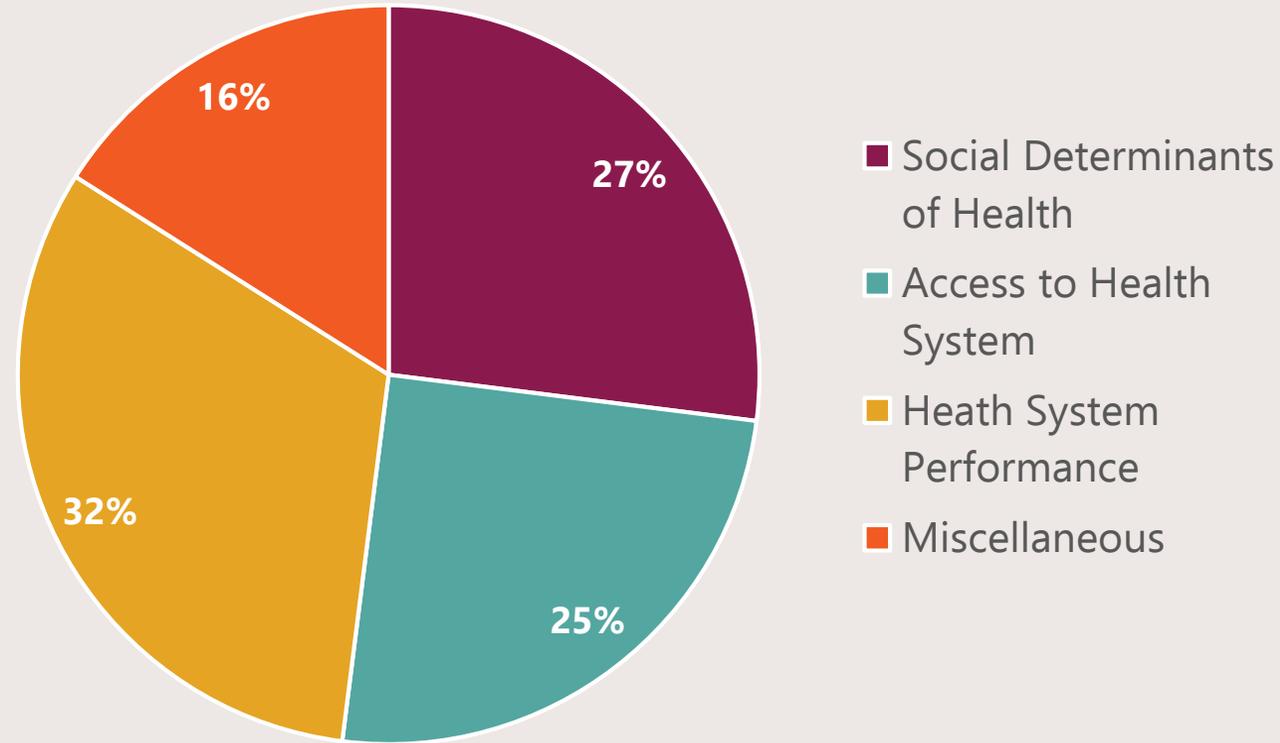


Do you believe that the way we receive regular care from doctors, nurses, or other providers needs to change?

(N=212)

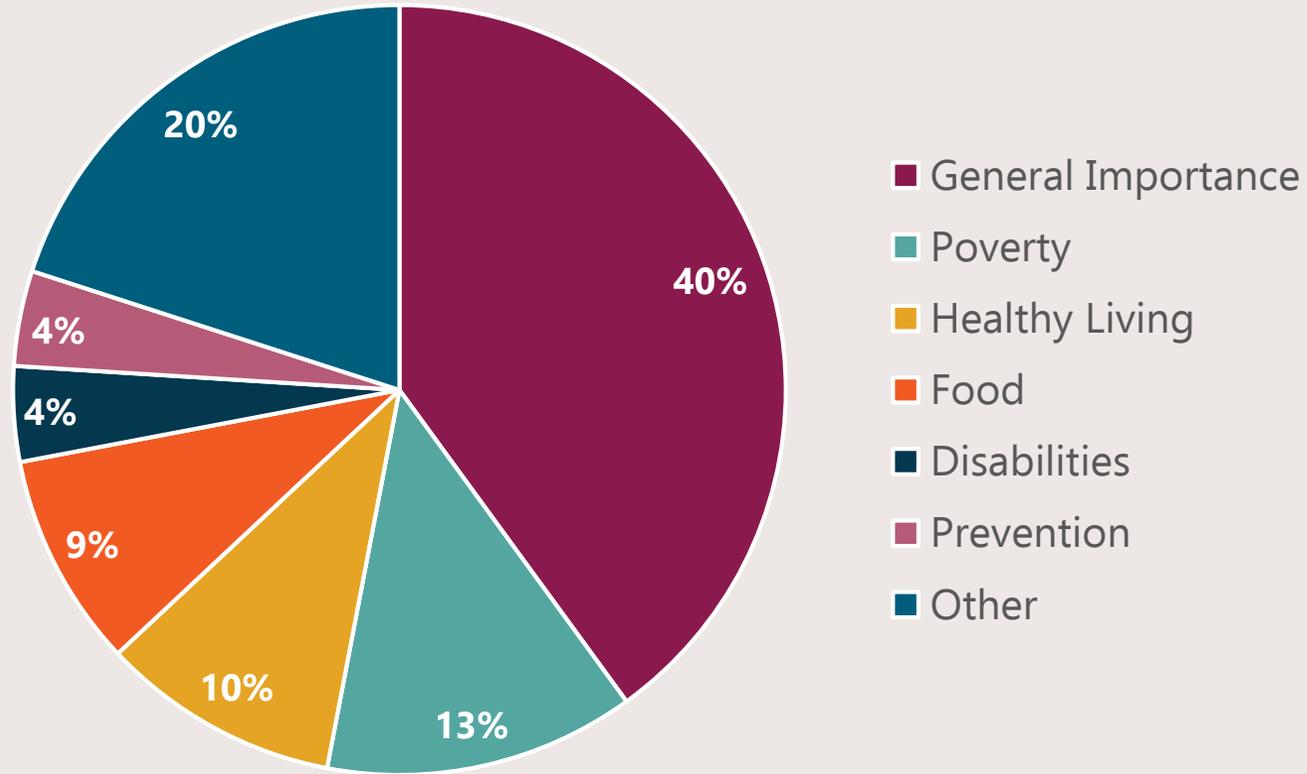


Engagement Series #1: Town Hall-Questions & Comments



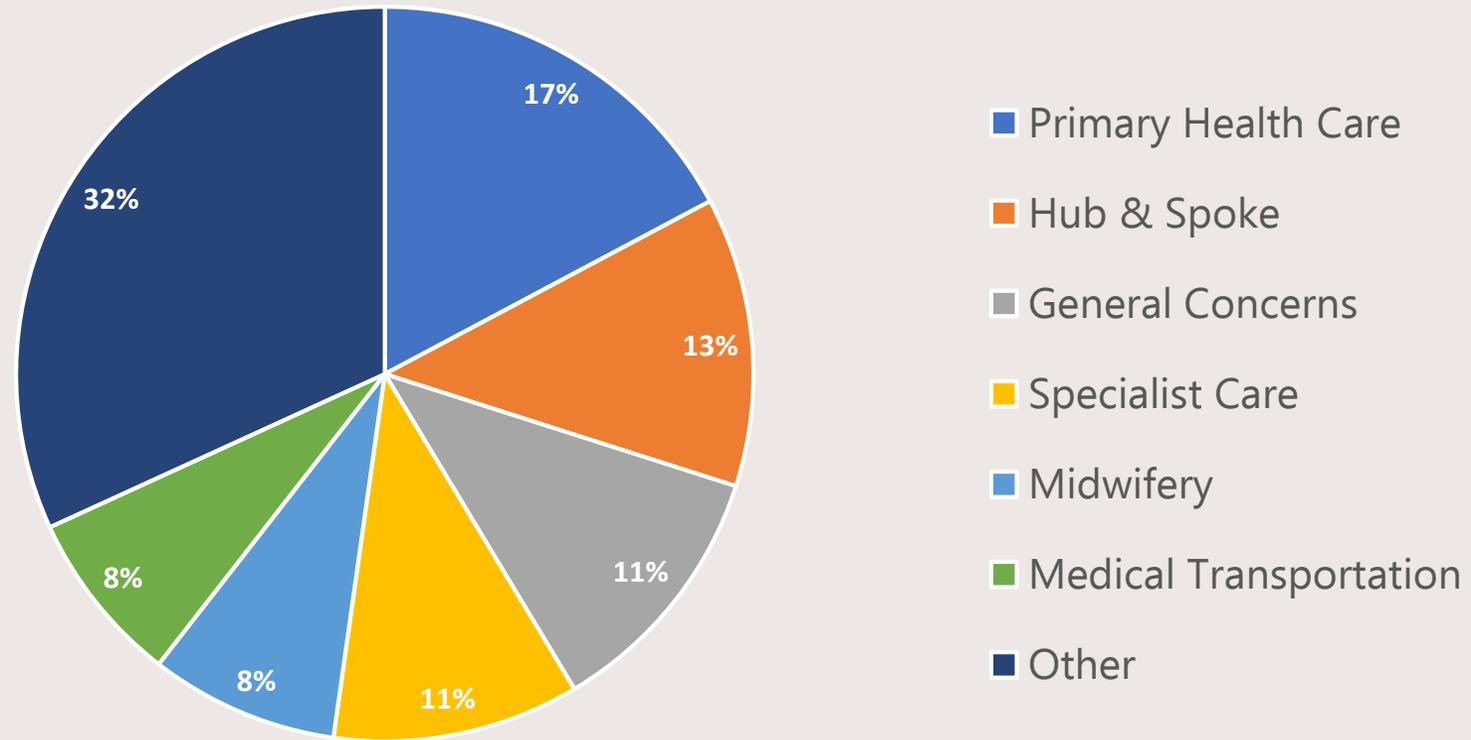
Relative Contribution of Social and Health Themes Arising From Questions and Comments From Town Halls (Responses = 618)

Engagement Series #1: Town Hall-Questions & Comments



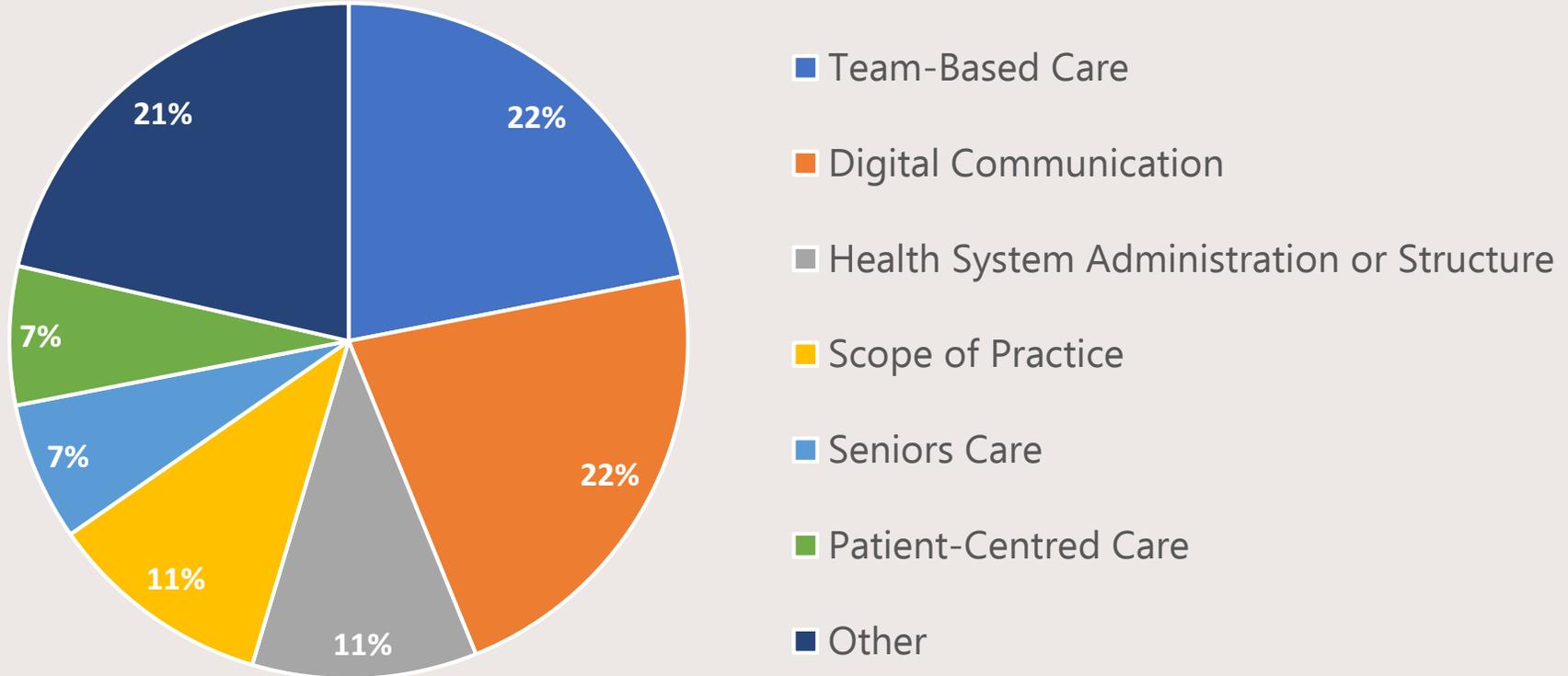
The Top Six Themes Arising From Both Questions and Comments Concerning the **Social Determinants of Health** (Responses = 167)

Engagement Series #1: Town Hall-Questions & Comments



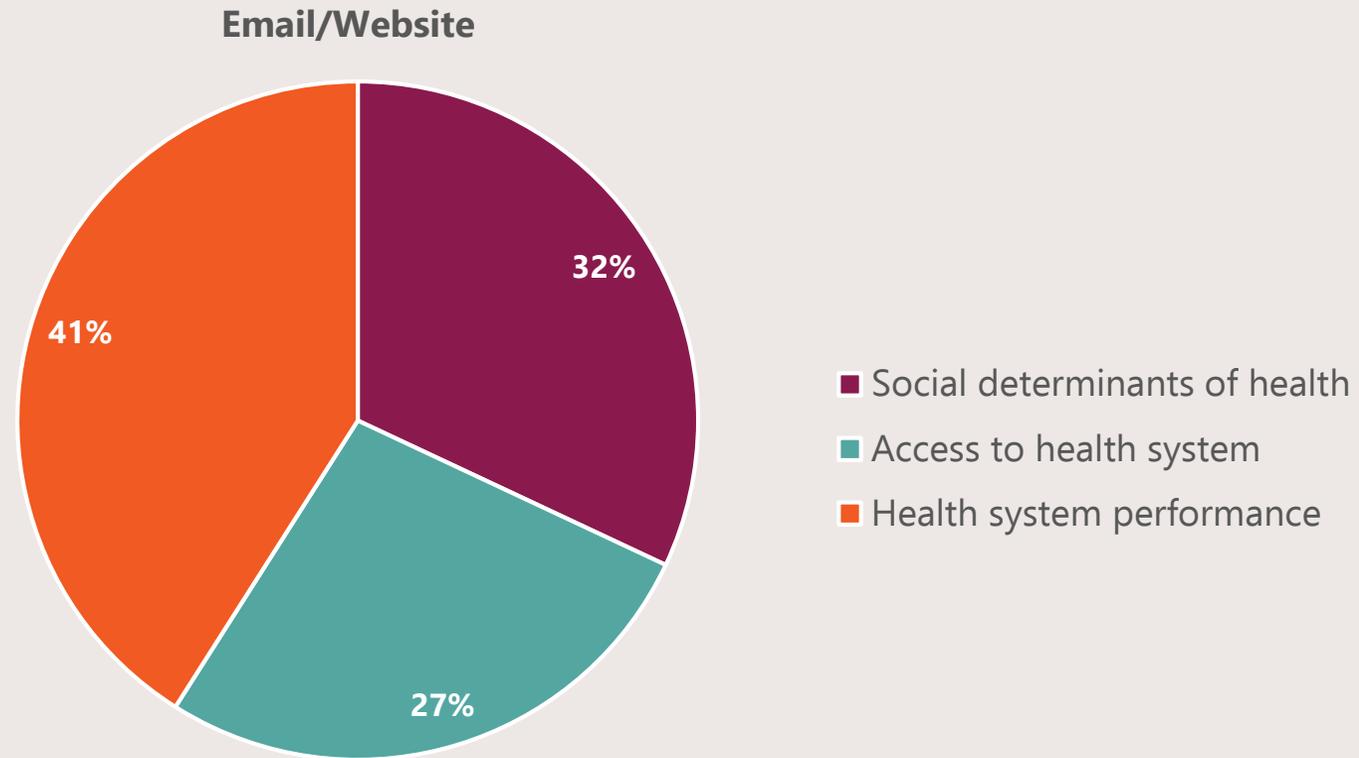
The Top Six Themes Arising From Both Questions and Comments Concerning **Health System Access** (Responses = 196)

Engagement Series #1: Town Hall-Questions & Comments



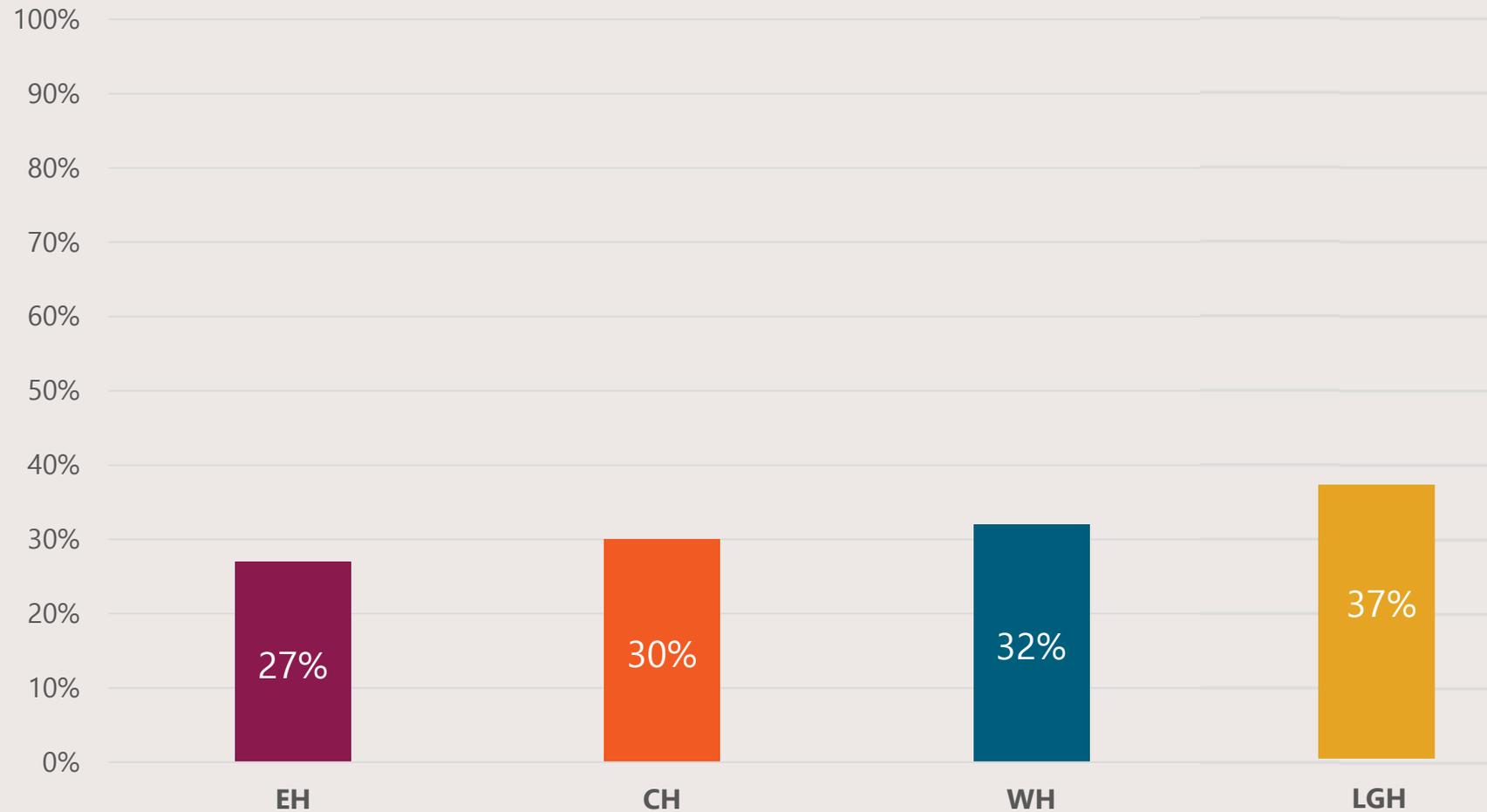
The Top Six Themes Arising From Both Questions and Comments Concerning **Health System Performance** (Responses = 196)

Engagement Series #1: Electronic Communication



The Relative Contribution of Social and Health Themes Arising From Electronic Communication With the Public (Responses = 76)

Community Health Assessment Surveys



Percentage of Respondents Unable to Access Health Care Services in the Past 12 Months

Top 10 Areas/Issues of Concern in the Community in EH, CH and WH

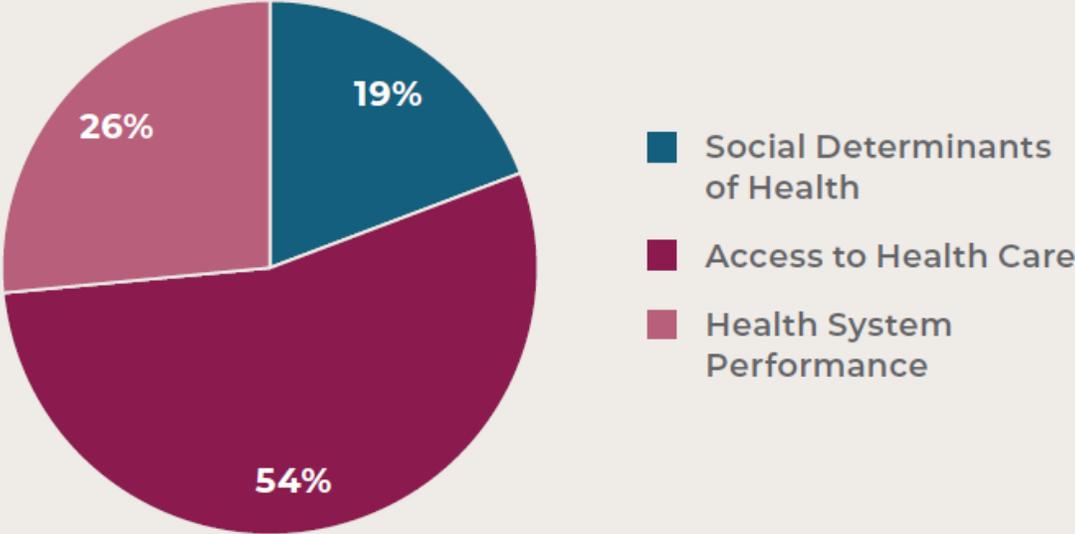
	EH (%)	CH (%)	WH (%)
Addictions	57	58	51
Mental health	56	62	46
Cost of living	55	46	46
Road quality	54	50	51
Chronic disease	53	53	46
Distracted driving	44	36	42
Bullying	36	36	39
Unemployment	35	27	27
Seniors' resources	34	36	26
Food insecurity	30	34	29

Community Health Priorities with Residents in LGH

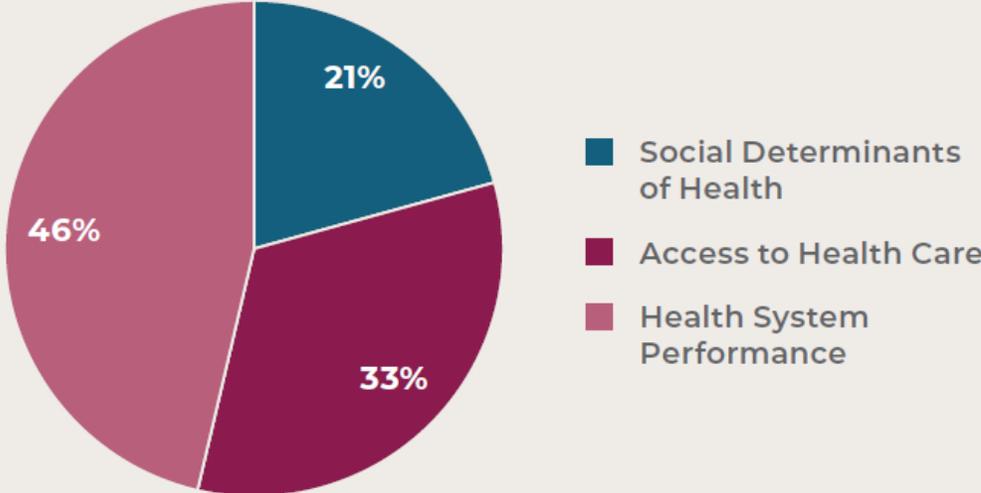


Engagement Series #2: Town Hall-Survey Questions

Major themes identified from comments on “Overall what aspects of health and wellness are you dissatisfied with?” (Responses = 234)



The major themes arising from comments on “What are the top 3 things the province should do over the next 5-10 years to improve health care and service delivery?” (Responses = 343)



In agreement with the World Health Organization, we consider health to be “a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.”

On average, the people of our province have worse health than those in other Canadian provinces, with some of us within this province having worse health than others, particularly among the five Indigenous communities.



Equality



Equity



Justice



Inclusion

Our Vision

is improved health and health outcomes of Newfoundlanders and Labradorians through acceptance of and interventions in social determinants of health, and a higher quality health system that balances community, hospital, and long-term care services.



Social Determinants Of Health Direction Statement

We will continue to seek a clearer understanding of the **social, economic, and environmental factors** which have led to continuing health inequity in NL.
We will **engage** communities in identifying and addressing specific areas of concern.

We will challenge the health care system to strengthen its role in promoting **health equity**.

We will champion the “**Health in All Policies**” approach by provincial and municipal governments and encourage its expansion to include public, community and private organizations.

We will **build on our strengths** and existing initiatives to bring about a **cross-sectoral approach**, essential to improving the health of Newfoundlanders and Labradorians.

Community Care Direction Statement

Every person in Newfoundland and Labrador will have **timely access** to social and health services, and to **continuous care** centered in the community as part of a well-connected network.

This structure will be enabled and strengthened by **interdisciplinary teams working collaboratively** with individuals and their families, and focusing on all aspects of health and wellness.

Hospital Services Direction Statement

Quality hospital services will be delivered through better integrated **hub-and-spoke team-based care** where all practitioners will be able to fully utilize their skills.

The care model will be delivered in **collaboration with community services** to provide **sustainable, appropriate, equitable** and **person-focused** care that supports the needs of the patients in their communities.

Patient travel will be minimized by the utilization of **virtual technology**. When travel is necessary, patients will access a **better transportation** system.

Aging Population Direction Statement

The people of Newfoundland and Labrador will be **enabled** and **empowered** to **transition** seamlessly through age and health-related changes with **dignity** and **autonomy**.

This will be rooted in **family and community supports**, strengthened by a commitment to **aging-in-place** in **age-friendly communities**, and supported by **home support** and **long-term care** in which **quality of care** and **quality of life** are fundamentally linked.

Quality Health Care Direction Statement

We will improve individual and population health, as well as the performance of our social and health systems.

All people of the province will receive high value, timely services in a way which matches actual practice with best practice.

Accountability, oversight, research, and **beneficial innovation** will ensure optimal quality of care.

Digital Technology Direction Statement

Digital technology will improve health and health outcomes in the province by empowering people with **information, access, and choice**.

By embracing digital technologies, we will **connect** people and systems, we will **integrate** systems, and we will **link** health and social factors.

Using an **agile, iterative, and evidence-based** approach, we will spur **leading innovation** and a **culture of exploration**, which will become a driving force for **inclusion**.



 **Social determinants of health**

 **Community care**

 **Hospital services**

 **Aging population**

 **Quality health care**

 **Digital technology**



 **Social determinants of health**

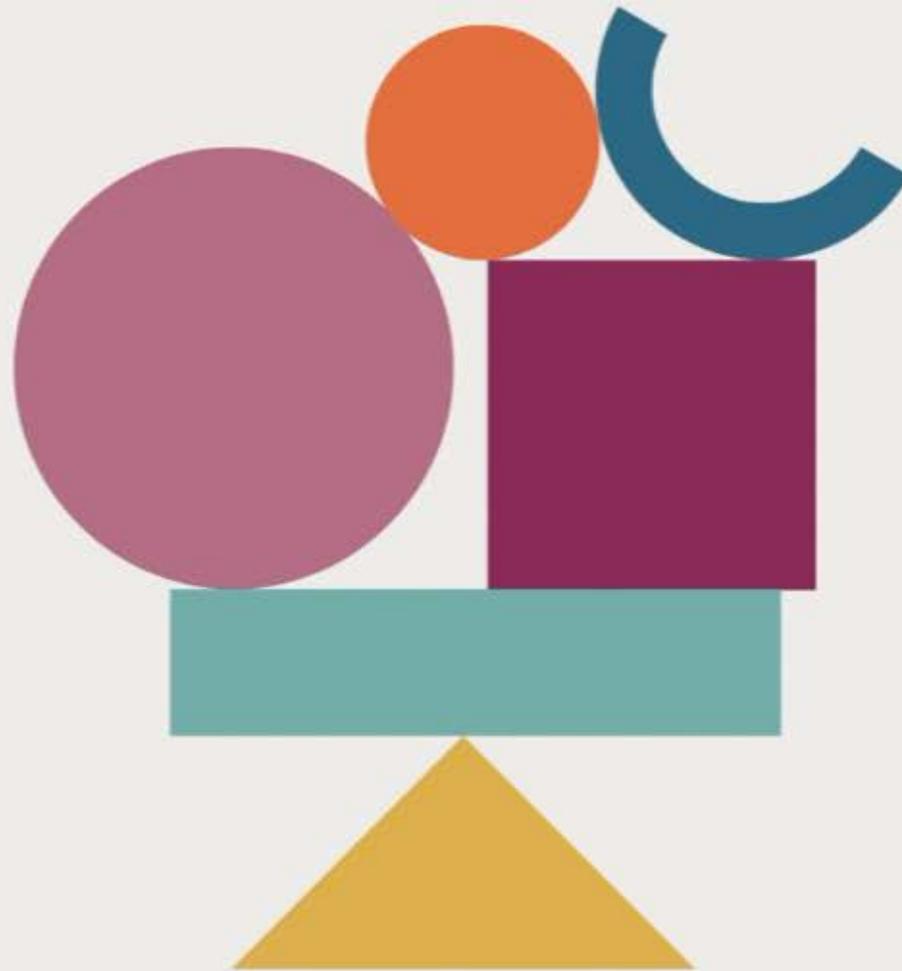
 **Community care**

 **Hospital services**

 **Aging population**

 **Quality health care**

 **Digital technology**





**Social determinants
of health**



**Community
care**



**Hospital
services**



Aging population



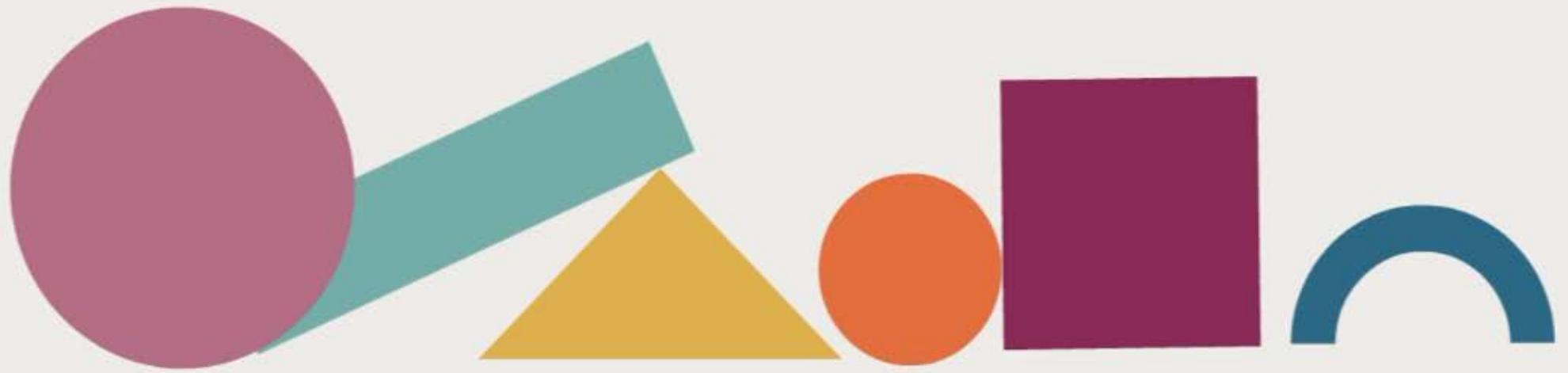
**Quality
health care**



**Digital
technology**



Health Accord
for Newfoundland & Labrador



**social, economic, and environmental factors
build on our strengths
cross-sectoral approach
engage
“Health in All Policies”
health equity**



timely access
continuous care
community
well-connected network
interdisciplinary teams



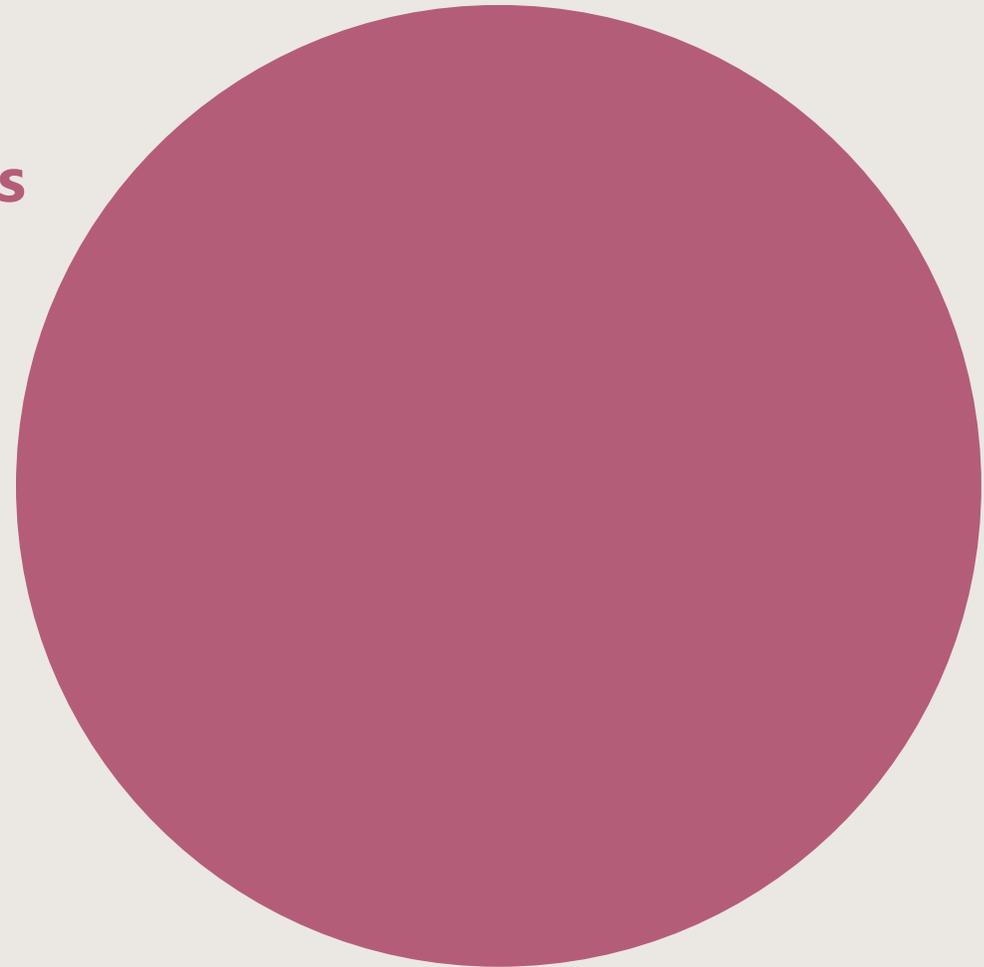


**Hospital
services**



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**better integrated hub-and-spoke
team-based care
collaboration with community services
person-focused
virtual technology
enhanced transportation**



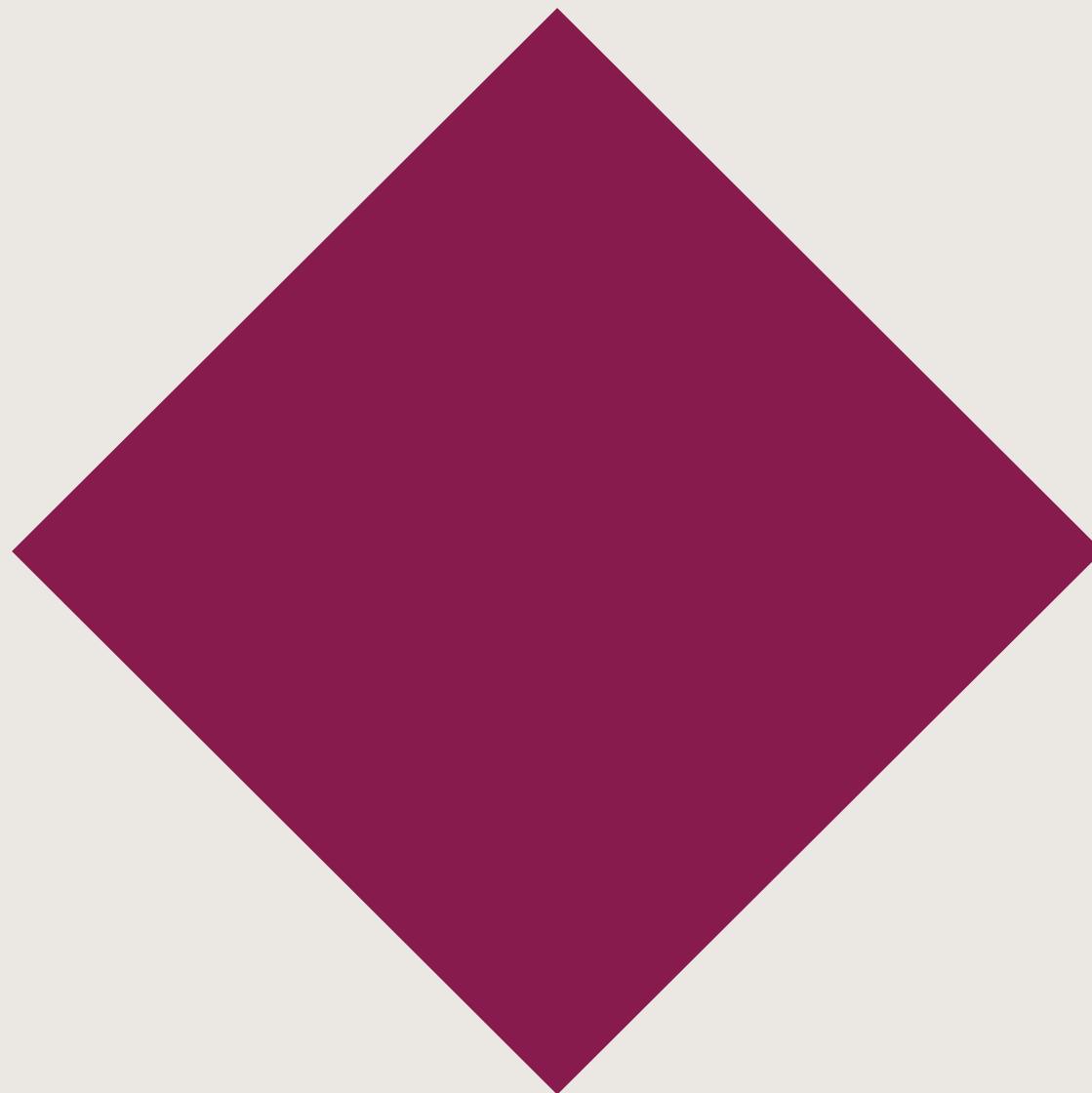
➤ A 10-year health transformation



Aging population



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**enables
empowers
transition
dignity
autonomy**

➤ A 10-year health transformation



Quality
health care



Health Accord
for Newfoundland & Labrador

oversight
high value
timely
accountability
beneficial innovation
best practice

➤ A 10-year health transformation



**Digital
technology**



Health Accord
for Newfoundland & Labrador

**information
choice
integrating
culture of exploration
inclusion**



➤ A 10-year health transformation



Social determinants of health



Community care



Hospital services



Aging population



Quality health care



Digital technology



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Social determinants of health



Community care



Hospital services



Aging population



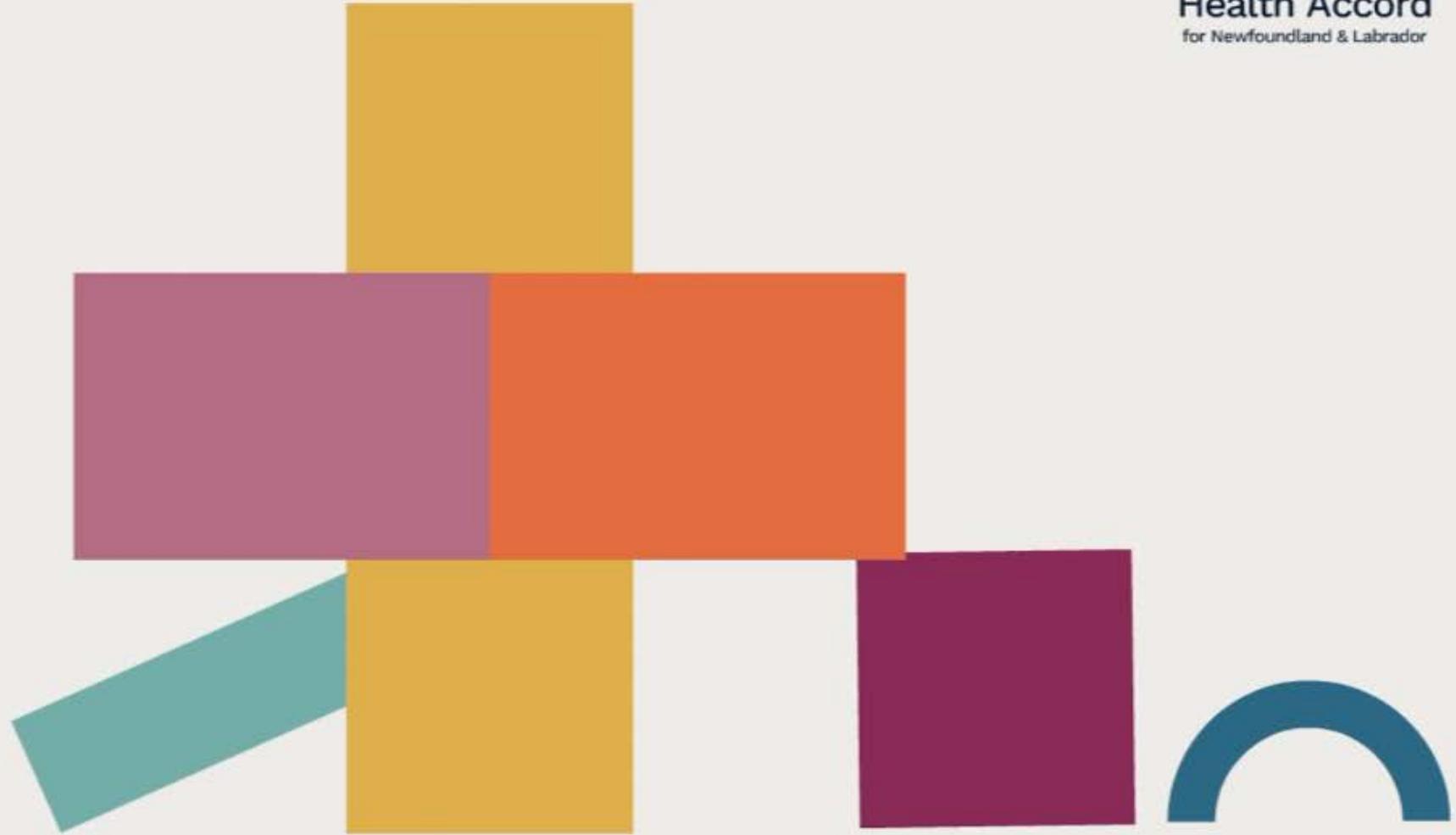
Quality health care



Digital technology



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for Newfoundland & Labrador





Social determinants of health



Community care



Hospital services



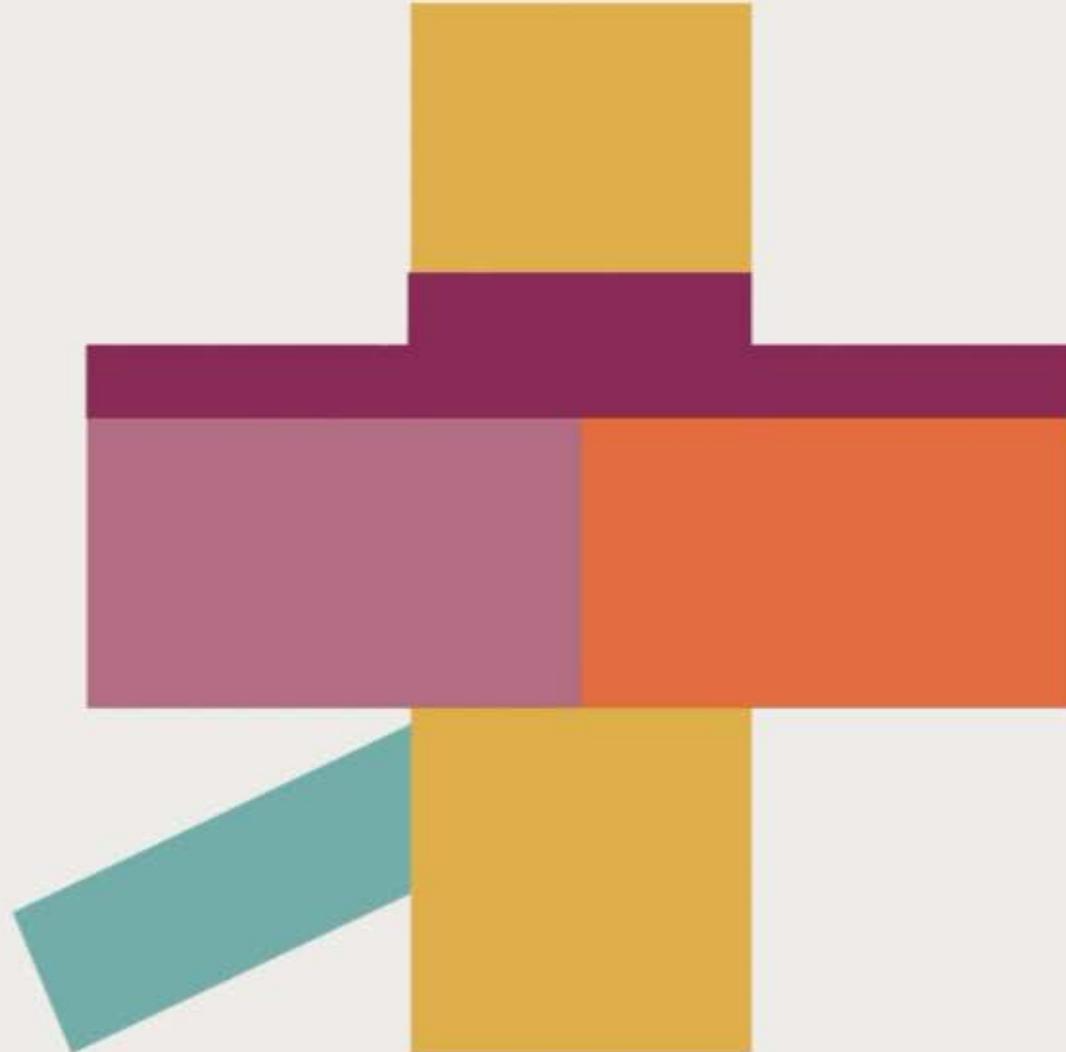
Aging population



Quality health care



Digital technology



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Social determinants of health



Community care



Hospital services



Aging population



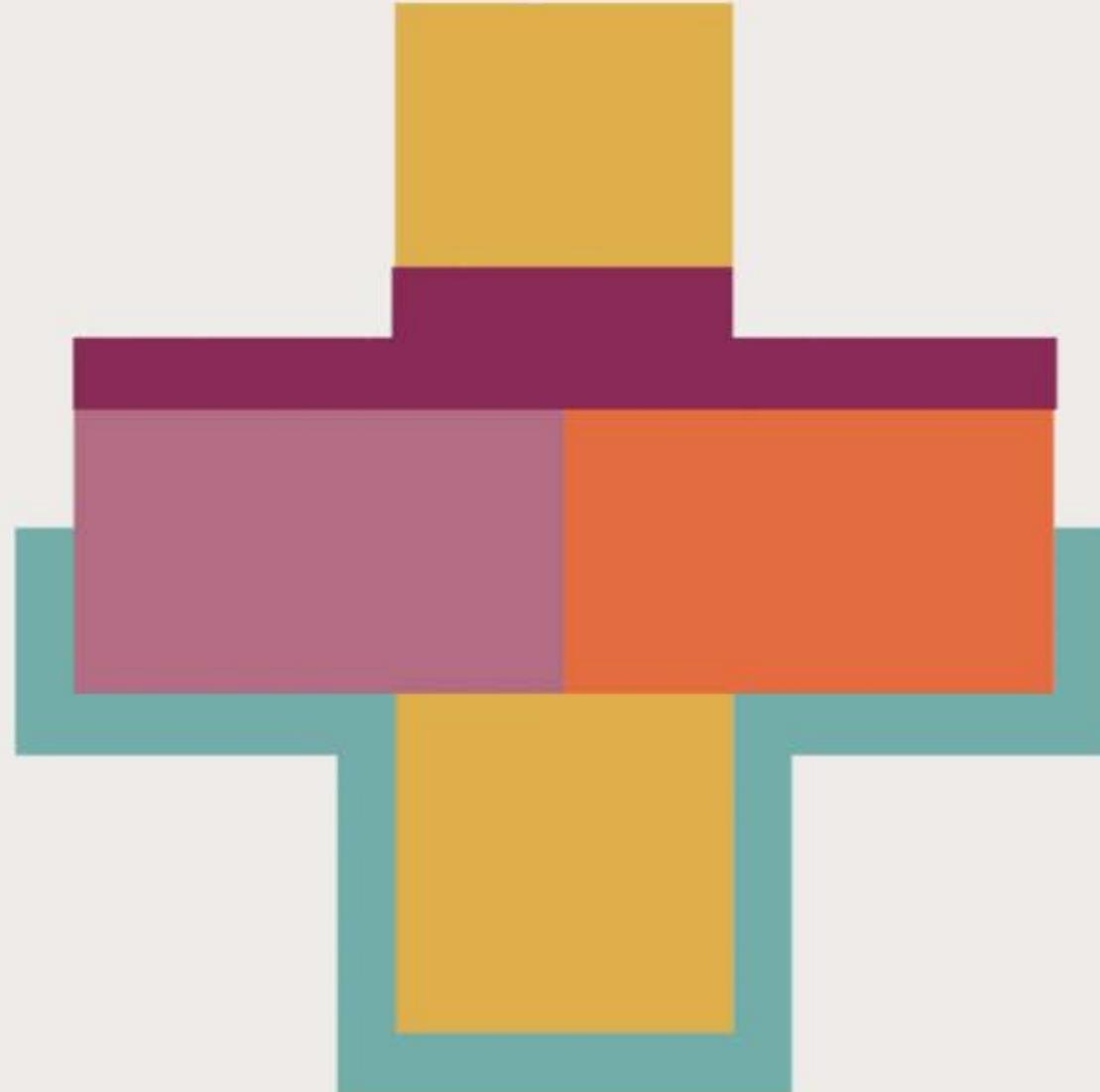
Quality health care



Digital technology



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Social determinants of health



Community care



Hospital services



Aging population



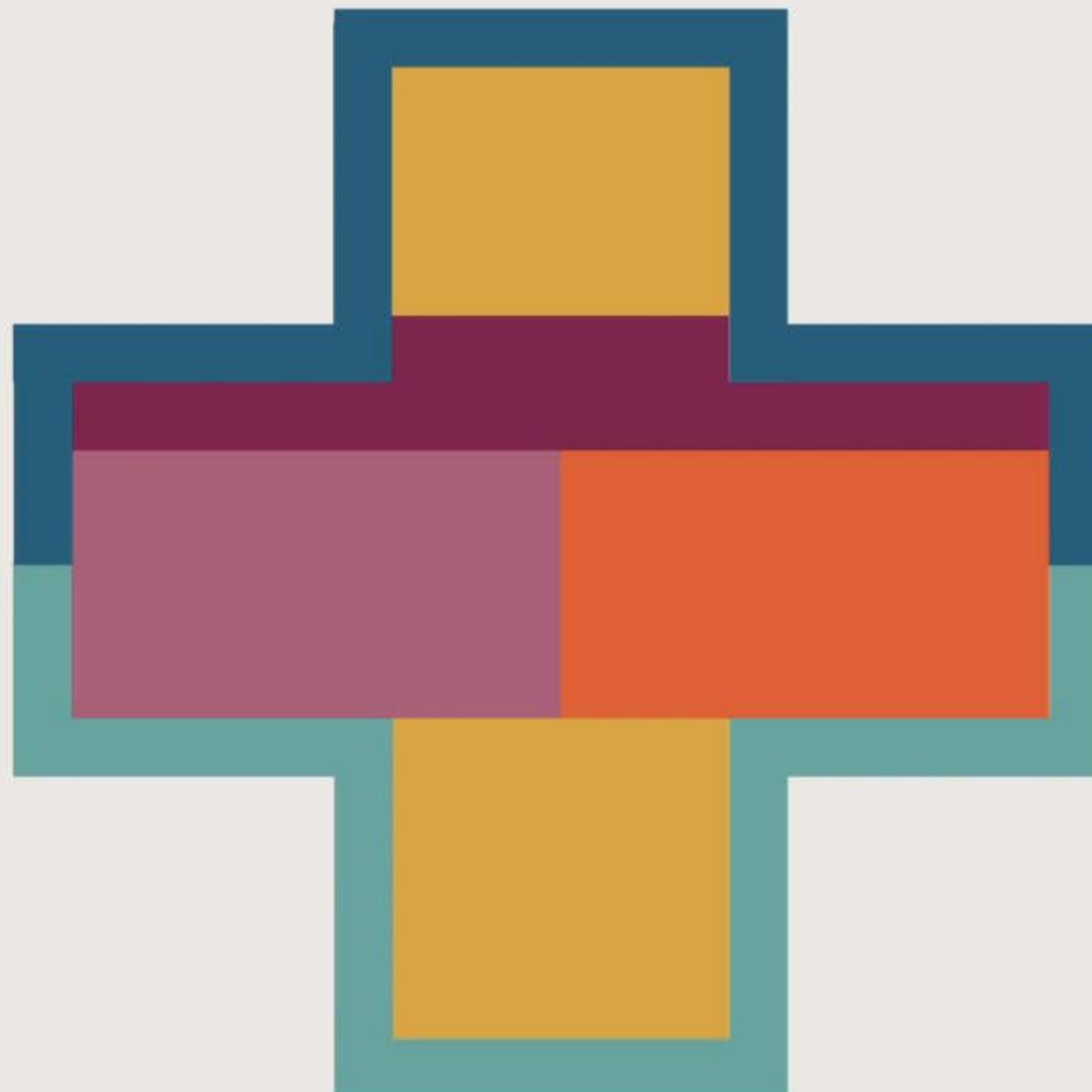
Quality health care



Digital technology



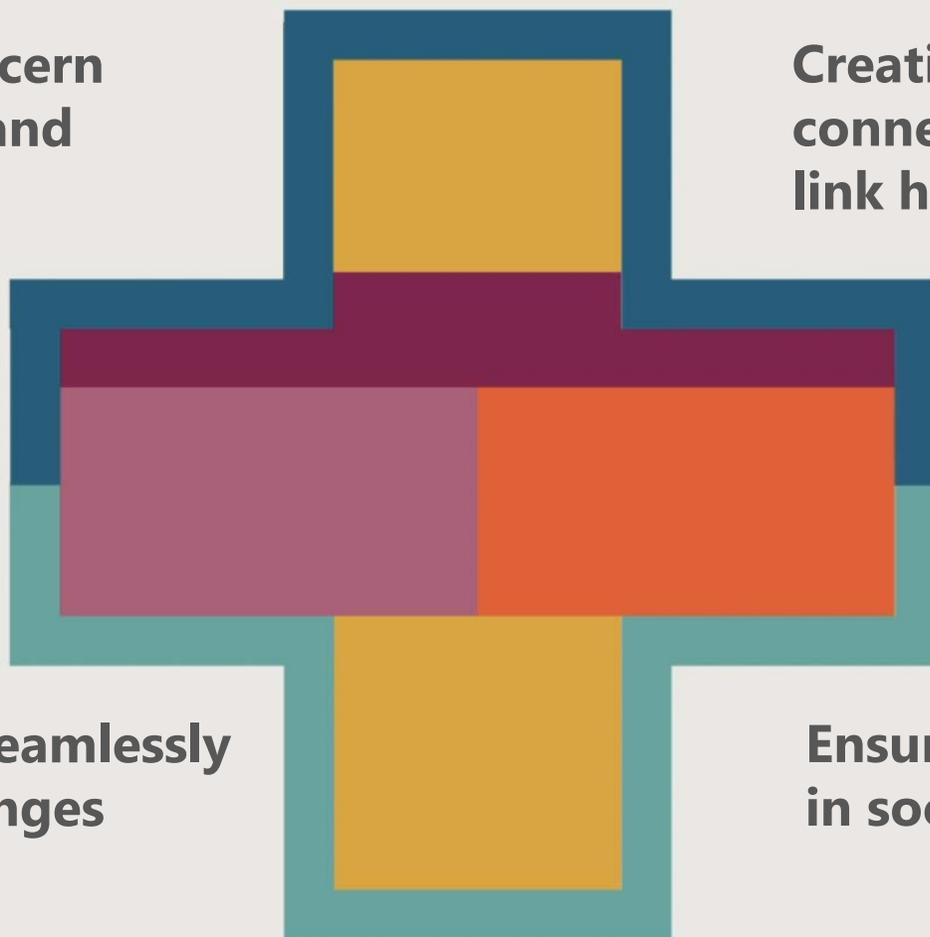
Health Accord
for Newfoundland & Labrador



We will improve the health of Newfoundlanders and Labradorians

Address specific areas of concern relating to social, economic and environmental factors

Creatively use digital technology to connect systems and people and to link health and social factors



Empower people to transition seamlessly through age-related health changes

Ensure high quality health care in social and health systems

Balance the health system with an accessible team-based network of community and hospital services

Engagement Series #2: Town Hall-Survey Questions

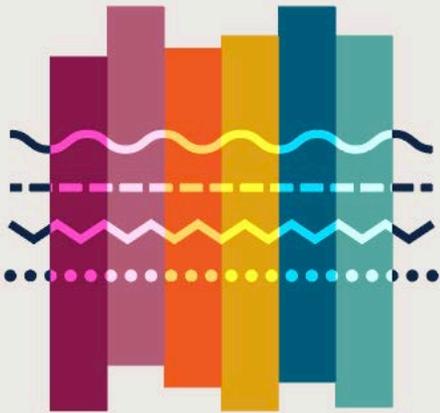
Agreement with Health Accord NL Vision and Committee Direction Statements

STATEMENT	STRONGLY AGREE (%)	SOMEWHAT AGREE (%)	OTHER (%)
Health Accord NL Vision	70	23	7
Social Determinants of Health	69	23	8
Community Care	73	21	6
Hospital Services	66	28	6
Aging Population	78	18	4
Quality Health Care	67	25	8
Digital Technology	63	30	7

Interwoven Pathways



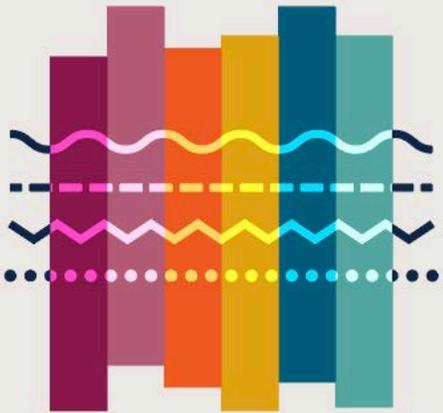
Governance



We will develop an approach to governance that **integrates social and health systems**, **engages** communities, and **ensures oversight** for the implementation of the Health Accord.

We will find new ways to engage the **energy**, the **flexibility**, and the **diversity** of community groups in improving our health and social systems.

Health Literacy

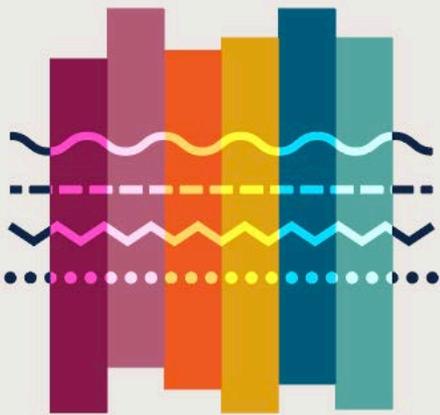


We will explore how a better understanding of the impact of social factors on **health-related behaviors** can help facilitate **health-promoting** behaviors and better health outcomes.

We will encourage efforts to strengthen the **ability of people of all ages** to find, understand, and use information as a way to **promote, maintain,** and, **improve** health in a variety of settings for themselves and others.



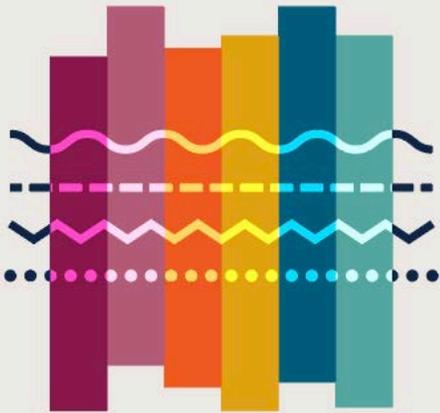
Workplace Readiness



We will ensure that human resource **planning** is directed towards the appropriate **number, distribution** and **mix** of people that work in the **rebalanced** social and health systems.

We will advocate for their **education** in a manner consistent with the directions of the Health Accord, with a focus on **leadership**, strengthening **health equity**, collaborating across **social and health systems**, working in **team-based care**, and improving **health outcomes**.

Interdependence



We will approach change in social and health systems in a way that recognizes the **interdependence** of the **provincial, federal, and Indigenous** governments, **municipalities**, and **communities**.

To enhance **health equity**, we will work with existing government initiatives, such as those relating to **mental health, education, and poverty reduction**.

- *Towards Recovery: A Vision for a Renewed Mental Health and Addictions System for Newfoundland and Labrador*
- *Now is the Time: The Next Chapter in Education in Newfoundland and Labrador*
- *Empowering People...Engaging Community...Enabling Success: Newfoundland and Labrador Poverty Reduction Strategy.*



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Governance

Health Literacy

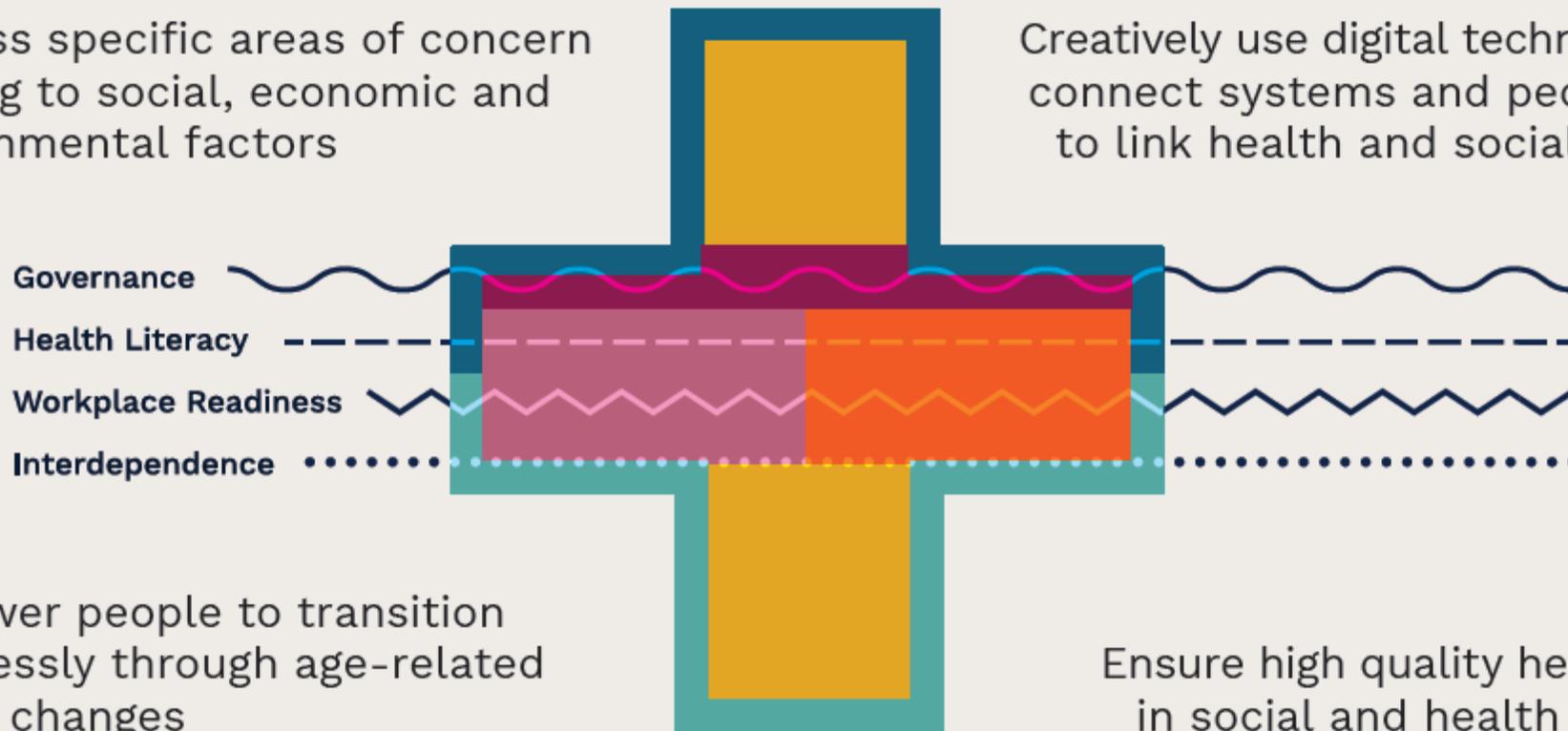
Workplace Readiness

Interdependence

Empower people to transition seamlessly through age-related health changes

Ensure high quality health care in social and health systems

Balance the health system with an accessible team-based network of community, hospital, and long-term care services







Health Accord

for Newfoundland & Labrador

www.healthaccordnl.ca

info@healthaccordnl.ca



@HealthAccord_NL



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